Traditional Congregation Newsletter

AUGUST 2020

אב - אלול תשייפ

IN THIS ISSUE

3 Message from Rabbi Gordon

4 Message from Acting President

5 Rosh HaShanah Greeting Card Order Form

6 Lulav/Etrog Order Form

7 Yizkor Memorial Book Information

8 Our Adopted Students Check In

9 A Special Thank You

10 Tributes

14 Community Notes

15 Recipes: Sweet & Spicy Roast Chicken, Jewish Apple Cake

17 Calendars

20 Candlelighting Times

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What's Cooking for Rosh HaShanah?

Pages 15 & 16

Sweet & Spicy Roast Chicken

Jewish Apple Cake

Tish'a b-Av: Historical Lessons for Today

From Rabbi Gordon...
Rabbi.Gordon@yahoo.com

Protests sparked by killings that underlie deeper historical cultural divisions, hostility against authorities and the entire entrenched class resulting in the killing of innocents and the widespread destruction of property -- is this America in 2020, the 1960's, or is it 1,950 years ago in Israel and the events that led to the destruction of the 2nd Temple? The answer: All of the above.

The wise distinguish between a just cause and the method. The Roman procurators (governors) and soldiers had killed many Jews, had blatantly and repeatedly insulted its faith, had sides against Jews in courts, and had stolen from the Temple funds. Although much progress has been made in the past two generations, American Blacks still face serious discrimination, much that Whites simply cannot know. But when movements turn violent, the issues are reframed and the progress that should be made is stalled.

1,950 years ago, Jews also turned against Jews. The Jewish zealots not only tried to silence the Jewish opposition, but they killed them. Hopes for unity against Roman offenses was lost. When it was over Jerusalem was lost, in ruin.

The rabbis, by and large, opposed the violent methods, perhaps due to the inherent immorality, or because they knew they could not defeat Rome. The rabbinic view of the sin of the era was sin'at chinam, indiscriminate hatred. Merely opposing is not enough -- what is the future vision? They developed a sustained alternative, which would serve the Jewish people for many centuries -- study Torah, be guided by its teachings, disagree with tolerance.

Good leadership must stand against violent mobs and not give them the cover of "protesters"; nor should good leadership minimize the just cause because there are elements within it that advocate hostility and revolution. All are changed not merely to rage against, but to envision and work for a better society.

The rabbis did not forget their higher calling and purpose; they did not close their eyes to the future. Perhaps it is especially important that we recall what they taught about the foundations upon which the world rests:

Shimon ha-Tzadik said: The world stands on three things -- on Torah, on service (or worship), and on acts of loving kindness. (Pirkei Avot 1:2)

Rabban Shimon b Gamliel had another view of the three foundations of the world -- on justice, on truth, and on peace, as it is written, "Truth, justice, and peace administer within your gates." (Pirkei Avot 1:18)

These seven weeks are our transition from Tish'a b-Av to Rosh ha-Shanah, from destruction to renewal.

From Our Acting President,
Elaine Farkas
pick2far@gmail.com

Dear Traditional Members and Friends,

August has arrived and for reasons beyond my control, I am still writing a few words for the newsletter. At least I have a new title, "Acting President," as technically my term recently ended.

Your Board continues to meet (virtually) to discuss the many factors affecting the congregation, its services and programs and events. Shabbat services were held this past weekend (for the first time since March!) with a lovely service and 23 attendees. Sadly, no kiddush could be offered and socializing was minimal. Our Reopening Task Force spent many hours discussing and analyzing the best and most effective standards to implement for a safe reopening. So far, so good. (As noted by happy attendee Zeta Chervitz: "Felt very safe in G-d's house surrounded by Traditional family! Just sad couldn't get a wee bit closer for a hug!") Kudos to all on the task force for a successful outcome.

Rabbi Gordon has been busy with multiple virtual classes offerings and specific religious programming when possible. The shul is operating, not "as usual" but as able within city and county pandemic guidelines.

It remains to be seen what will happen this year for the Yamim Tovim (now just 6 weeks away!!). Whatever is ultimately implemented, your presence and financial support are more vital than ever. And whether we meet in person or virtually, your generous pledge is needed and tremendously appreciated.

In the meantime, please send in your forms to be included in our Rosh HaShanah Greetings card, to order your lulav and etrog for Sukkot, and to have your loved ones remembered in our Yizkor Memorial Book. As always, remember Traditional when ordering from Amazon (select us on Smile.Amazon.com).

Stay in touch and most importantly, stay safe. Do not hesitate to reach out to me at any time.

With fond thoughts,
Elaine

L'Shanah Tovah 5781

As we do each year, Traditional Congregation will send *Rosh Hashanah* greetings to everyone in our congregational family.

We look forward to including you as a contributor on the card; please indicate below how you would like your name(s) to be listed.

Questions? Call Marian or Angela at 314-576-5230. Thank you for your generous support!

Yes, please include me/us on the Traditional Congregation *Rosh Hashanah* card.

Please list my/our name as printed below:

Examples: Mr. and Mrs. Bob Jones and Family
or
Bob, Sue, Mike and Laura Jones

_____

(To avoid spelling errors, please print clearly)

Please send this form and your check payable to

Traditional Congregation (minimum contribution $18)

no later than Friday, August 14, 2020 to:

Traditional Congregation
12437 Ladue Road
St. Louis, MO 63141-8100

SUCCOT IS COMING!

TIME TO ORDER YOUR LULAV AND ETROG!

Name_____

Phone_____

e-mail_____

Price		Number of Sets of Lulavim/Etrogim *(price based on quality of etrog)*	
$33.00	x	_____	= $_____
$39.00	x	_____	= $_____
$49.00	x	_____	= $_____
$64.00	x	_____	= $_____

Total enclosed $_____

Please make checks payable to Traditional Congregation and mail to:

Traditional Congregation
12437 Ladue Road
St Louis MO 63141

*(deadline for receipt of orders is **August 21**)*

Yizkor Memorial Book 5781

If you need another copy of your listing from
last year, please contact Marian

July 23, 2020

Dear Congregants:

Preparations for our 5781 *Yizkor* Memorial Book are underway. The proceeds from this project enable Sisterhood to support many vital programs at Traditional. This year, in addition to printed books, we are planning to provide everyone with a pdf you can refer to at home.

On the back of this letter, you will find the names of your loved ones whom we have on record. To include your loved ones in the Memorial Book for the coming year, please return:

1. The **completed form** on the back of this letter

2. Your **donation check** payable to **Sisterhood, Traditional Congregation.** Donations are: **Full Page - $150.00**
   Half Page - $85.00
   1/6 Page - $10.00 per name (maximum 7individual names (not couples): *if you have more than 7 individuals, your listing must be a half page or full page*)

3. **Please update and return the form** ***even if you do not want to include your loved ones in the Yizkor Booklet.*** This will help us maintain accurate records of your family's yahrzeits in our shul database.

As always, please submit all changes/additions in writing and be as accurate as possible about the date/time of death of your loved one so that the correct Hebrew date can be determined. The deadline for inclusion in this year's Memorial Book is **August 12, 2020, so please respond promptly!**

Thank you for your cooperation and support.

Warmly,

Mimi Levy

PLEASE COMPLETE FORM and RETURN with YOUR DONATION in ENCLOSED ENVELOPE BY: August 12, 2020
➔➔➔

Our Adopted Students Check In

Hello, Dear Traditional Congregation,

I hope all is good with you and your families these days!

Continuing on my previous letters, I would like to say thank you first of all - your assistance is very helpful and in specific at this not easy time.

I am currently on a test period, there are many submissions and course work online, some of the exams can be done in college.

The semester ends soon and I'm happy that the summer semester will begin in 2 weeks. Next spring I will finish second year and move on to third year of my degree in Business management.

Hope you're well, take care of yourself, I very much appreciate your help,

Avkelesh Ytayo

28 June 2020

How are you? How is everything going these days?

I wanted to update you that in a couple of days I'm finishing the semester and starting a period of examinations. This semester has not been simple, and I'm wishing myself a lot of success during the upcoming exams. After the exam period, I will begin my final year of law school.

Over the coming school year I will be conducting interviews for my internship, I still don't know what area I want to specialize in, I need to study the fields more in depth. What I do know is that I want to specialize in the public sphere.

Regards to everyone and have a good week!

Bizu Mengistu

How are you? Hope in the near future we will see a decline in the amount of corona virus infection, and I hope the health of your families and the whole community is fine.

I am preparing for the second semester of the first year of my MBA, at the moment the semester tests are examining whether they will be done in frontal format (get to university) or online (at home), hopefully everything will be clear soon.

Me and my family are healthy and feeling good, my wife is still on maternity leave, my little daughter is already six months old. I am still in the IDF while in a month and a half I will go into permanent service and be promoted to captain. In about two months I move to a position with engineering properties, under my command there will be 20 different positions in various fields and occupations. Alongside all of this, I will have to combine graduate school (second year), challenging but possible.

Thanks again for the general help and especially during this time that the gaps and economic difficulties are increasing, and hope that the epidemic will soon disappear.

Thanks,

Eliyhau Samuel

To make a donation to help support our Ethiopian adopted students, please send your check to Traditional Congregation Chesed Fund and note AAS in the memo. Thank you!

Todah Rabah, Thank You So Much!!

Thank you so much to **Simcha & Gidon Hawley of Ken's Contracting Service**, who volunteered to clean ALL of the windows in our shul!! They recently spent an entire Sunday professionally cleaning all of our windows, and donated **all** of their time and materials! They are grateful for the warm welcome they've received at Traditional and for Rabbi Gordon's classes and teachings, and wanted to show their appreciation by donating their services. As Simcha so graciously said: "We have been contemplating this service for a long while. Others are contributing their expertise to benefit the Traditional Community as needed, and this was our opportunity to contribute to our Shul! It was our joy to do so!"

It's been a very long time since our windows were cleaned, and we are most appreciative to them for doing this for us. Please say "thank you" next time you see them--and if you know anyone in the Rolla area looking for window cleaning, refer them to Ken's Contracting Service, (573) 364-5787.

THANK YOU TO OUR DONORS!!

Tribute donations are a wonderful way to show you care by making a charitable gift to our congregation. Please send recipient information and your donation (minimum $5/digital card, $10 printed card) to Angela Tannenbaum at Traditional Congregation, angelatradcong@yahoo.com or order online at www.traditional-congregation.org/donate.

PLEASE NOTE: If your email address has changed, please let us know - you may be missing out on digital cards sent to you because we don't have your current email address.

IN MEMORY OF

Abe Gersten

Frances Gersten

Susie Waxman, sister of Andy Zimmerman and aunt of Marla Zimmerman

Ann & Ken Bohm
Anne & Chris Brown
Carol Max

Dorothy Goldstein, mother of Paul Goldstein

Ann & Ken Bohm
Carol Max
Judy & Stan Becker
Muriel & Marvin Beckerman
Laurie & Sidney Bennett
BelleAnne & Andy Curry
Ellis Frohman
Erika & Stan Greenberg
Marilyn & Marty Levison
Pamela & Neal Neuman
Myra & Bob Perlman
Sandy & Warren Rich
Florence & Joe Schachter
Gail & Jerry Tullman
Rita & Mark Weinstein
Anne & Chris Brown
Mindy Strauss

Robert "Bob" Perlman, husband of Myra Perlman, father of Lori Zeid Ingram and Brad Perlman, and grandfather of Justin & Joshua Zeid

Laurie & Sidney Bennett
Ann & Ken Bohm
Ellis Frohman
Nikki & Paul Goldstein
Annette & Jack Heller
Carol Max
Sandy & Warren Rich
Cyndee & Ken Levy
Janice & David Rifkin
Sherri Lopatin

David Kean, Rita Rennard

Judy & Stan Becker

Gloria Golbart-Marks

Judy & Stan Becker
Ann & Ken Bohm
Joselyn Jacobs
Carol Max
Mindy Strauss
Traude & Gary Wilson
Marilyn & Marty Levison
Barbara Mirowitz
Ellis Frohman
Anne & Jack Heller

Aileen Shmuger, sister of Phil Radman and sister-in-law of Bernie & Ceil Tobin

Marilyn & Marty Levison
Barbara Mirowitz
Louise & Mel Saltzman
Ellis Frohman
Ann & Ken Bohm
Carol Max
Judy & Stan Becker
Rita & Mark Weinstein

Alicia Karpati

Noemi & Michael Neidorff

Lennie Raiffie, Adele Rich

Sandy & Warren Rich

Lois Elfanbaum

Louise & Mel Saltzman
Nikki & Paul Goldstein
Ann & Ken Bohm
Annette & Jack Heller
Ellis Frohman
Carol Max
Erika & Stan Greenberg
Laurie & Sidney Bennett
BelleAnne & Andy Curry
Susan Fleminger
Steve Puro
Randi & David Schenberg
Inge & Morton Sector

IN MEMORY OF

Jacob Blum, brother-in-law of Steve & Sandy Bell
Marcia & Mauricio Lisker
Marvin Schneider
Carol Max
Ann & Ken Bohm
Ellis Frohman
Dianna & Dick Fine
Rita & Mark Weinstein

Marlene Spiegelglass
Judy & Stan Becker

Ida Lite, William Braffman
Barbara Mirowitz

Irene Abrams, Sherwin Abrams, Maurice Abrams
Susan & Stuart Boxerman

Irving Brick, Jack Meckler. Meyer Komen, Mary Guilfoy
Christy & Phil Brick

Isadore Geeser, David Geeser
Nikki & Paul Goldstein

Jacob Lefkowitch, Lillian Sinay, Matthew Saltz, Sgt. Emanuel Lefkowitch, Harry Gold, Elsie Sinai
Nanci & Bill Gold

Jules Levison
Marilyn & Marty Levison

Jules Sobel, Mildred Sobel
Louise & Mel Saltzman

Lena Mykoff Kaplan, Shirley Rodenberg, Jean Kaplan, Zelda Kaplan
Mimi & Marty Kaplan

Libby Tullman, Louis Spritz
Gail & Jerry Tullman

Martin Cohn, Beatrice Polsky
Lori & Paul Tesser

Martin Schwartz
Gail Postal

Mary Banner, Irving Tennanbaum
Ellis Frohman

Mary E. Brown
Anne & Chris Brown

Masha Gross, Baruch Gross, Sam Tamler, Paltiel Gross, Sally Tamler
Sheilah Gross

Mildred Strauss, Minnie Fried, Preston Strauss, Harry Fried
Mindy Strauss

Mitchell Dolgin, David Weinberg, Stephanie Perlman
Myra & Bob Perlman

Morris Nedel, Josph Radman, Stanley Shmuger
Nina & Phil Radman

Moshe Joseph, Sassoon Joseph, Saul Joseph, Shirley Kweskin, Yehaskel Joseph. Ahron Joseph, Benjamin Kweskin, Elias Joseph, Flora David
Gloria Ezekiel Kweskin & Dan Kweskin

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Annette & Jack Heller

Paul Lelchook, Ruth Lelchook
Muriel & Marvin Beckerman

Peter Soibel, Clara Schuster
Cecilia Soibel

Phyllis Roth, Allen Roth
Robbyn & Michael Roth

Ruth Goodman, Etta Goodman
Rafi Rabinoff

Ruth Wilson
Traude & Gary Wilson

Simon Kohn
Rosemary Cooper

Stephanie Perlman
Lori & Joseph Ingram

Frank Riordan
Linda & Marty Bell

Rachael Gilden, Fae Odelson, Golde Gordon, Harry Odelson, Don GIlden
Suzanne & Herb Gilden

Norman Rich
Sharon & Jeffrey Rosenblum

Rabbi Ephraim Zimand z"l
Gloria Sirkin

Jack Schuver
Joanne Schuver

Morris Bell
Linda & Marty Bell

Louis Geeser
Nikki & Paul Goldstein

Yizkor Donations:
Stuart Kaufman
Carol Max

IN HONOR OF

Happy Anniversary to:
Linda & Marty Bell, Mimi & Marty Levy, Suzanne & Herb Gilden, Florence & Joe Schachter
Judy & Stan Becker
Bettina & Mel Weinberg
Mindy Strauss
Happy Birthday to:
Jules Stiber, Jerry Chervitz, Joan Stiber, Linda Bell, Esther Abramson-Krut
Judy & Stan Becker
Anne Brown
Barbara Gaponoff Berson & Doug Berson
Stanley Becker, Carol Max, Anat Reschke, Mimi Levy, Jerry Chervitz, Bettina Weinberg, Mel Weinberg, Shelby Kopp
Mindy Strauss
Sandy Rich, Scott Rich
Warren Rich
Mazal tov to Ophira & Jeffrey Melnick on the birth of a grandson
Judy & Stan Becker
Ann & Ken Bohm
Ellis Frohman
Annette & Jack Heller
Carol Max
Donna & Alan Rosenberg
Rita & Mark Weinstein
M**azal tov to Ceil & Bernie Tobin on the marriage of their granddaughter, Yael Tobin, to Barak Sonnethal**
Laurie & Sidney Bennett
Ann & Ken Bohm
Annette & Jack Heller
Marcia & Mauricio Lisker
Carol Max
Sandy & Warren Rich
Louise & Mel Saltzman
Mazal Tov to Shelah Feldman on the birth of a grandson, John Aaron
Mindy Strauss
Mazal Tov to Chaya Samantha & Jake Dolgin on the birth of a daughter, Mila Anna
Annabelle & Ken Chapel
Carol Max
Mazal Tov to Christy & Phil Brick on the birth of a granddaughter, Mila Anna Dolgin
Jenny & Adam Bell
Laurie & Sidney Bennett
Elis Frohman
Erika & Stan Greenberg
Annette & Jack Heller
Carol Max
Mindy Strauss
Gail & Jerry Tullman
Mazal Tov to Beth & Gary Golden on the engagement of their niece
Ellis Frohman
Mazal Tov to Dr. Kenneth Bohm on being honored by the American Psychological Association
Gail & Jerry Tullman
Mazal Tov to Joe Schachter on his retirement
Carol Max
Mazal Tov to the graduates and their families:
Mira & Zach Becker, Sophie Chelist, Maya Gross, Ilya Holden, Karyn Lisker, Daniel Rabinoff, Nate Rosenberg
Carol Max
Appreciation to Cyndee Levy
Lori & David Sheinbein
Refuah Sh'leimah to:
Bill Gold
Ellis Frohman
Dick Fine
Erika & Stan Greenberg

IN HONOR OF

Happy Birthday to:
Alan Levi, Marty Levison, Marla Zimmerman, Rita Weinstein, Susan Boxerman, Nate Rosenberg, Mauricio Lisker, Suzanne Mosher-Kopp, Rebecca Weinstein, Joshua Farkas, Andy Zimmerman, Aaron Levy, Adam Levy, Benjamin Levy, Sandy Rich, Phil Brick, Annabelle Chapel, Mindy Strauss, Maureen Brodsky, Gloria Ezekiel Kweskin, Traude Wilson, Cyndee Levy, Robbyn Roth, Daniel Rosenbluth, Randy Zimring, Fred Chait, Stan Becker, Ann Bohm, Gloria Golbart-Marks, Noga Melnick, Jerry Tullman, Carol Max, Linda Bell, Jeffrey Rosenblum, Nancy Feldman, Nina Radman, Sandy Pomerantz, Norton Kronemer, Sid Bennett, Susie Lippman, Lilia Gordon, Noah Ockner, Asher Gordon, Julie Rosenbluth, Daniel Rinder, Ophira Melnick, Jeff Weisman, Batty Witten, Zumi Brody, Marvin Beckerman, Lois Elfanbaum, Alex Levy, Jane Roth, Jack Heller, Muriel Beckerman, Davin Rosch, Layla Rosch, Doug Berson, Peggy Rosen, Diann Bank, Richard Becker, Spencer Levison, Jules Stiber, Stan Greenberg, Stephen Rosenberg, Anne Brown, Sam Ockner, Sela Roth, Jerry Chervitz, Deborah Matson, Herb Gilden, Adina Levy, Joanne Schuver, Alberta Berger, Mel Weinberg, Arlene Fox, Daniel Kweskin, Pam Neuman, Sherri Lopatin, Esther Abramson-Krut, Ruth Tockman, Bettina Weinberg, Muriel Zimring, Shelby Kopp, Joan Stiber
Anne & Chris Brown

Happy Anniversary to:
Bettina & Mel Weinberg, Nina & Phil Radman, Ceil & Bernie Tobin, Vilma & Alan Levi, Ann & Ken Bohm, Sandy & Steve Bell, Terri & Randy Canis, Myra & Bob Perlman, Traude & Gary Wilson, Claire & Rick Hack, Nikki & Paul Goldstein, Louise & Mel Saltzman, Suzanne & Herb Gilden, Gail & David Berwald, Susan & Stuart Boxerman, BelleAnne & Andy Curry, Barbara Gaponoff Berson & Doug Berson, Zeta & Jerry Chervitz, Liz & David Holden, Robbyn & Michael Roth, Muriel & Marvin Beckerman, Linda & Marty Bell, Muriel & Randy Zimring, Mimi & Marty Levy, Barbie & John Perlmutter, Joyce & Richard Becker, Marilyn & Marty Levison, Nancy & Gary Feldman, Sharon & Jeffrey Rosenblum, Cyndee & Ken Levy, Dina & Morty Rinder, Michelle & Mike Rosch, Nancye & Allen Glinter, Florence & Joe Schachter, Lori & Paul Tesser
Anne & Chris Brown

Special Conribtutions made by:
Bobbie & Joel Gordon
Kevin Heuser
Deborah Aubuchon
Judge Richard Goldenhersh
Cherie & David Snellen
Gail & Jerry Tullman

Packs of cards purchased by:
Anat Reschke & Brad Fink
Rabbi Seth & Marian Gordon

Something to celebrate ??

Commemorate the occasion with an everlasting leaf on our Simchah Tree

Large leaf $150 Small leaf $75
Contact Annette Heller to order:
314-576-5111 or hellerap@aol.com

The Harvey Kornblum Jewish Food Pantry Needs Our Help

You can help the Harvey Kornblum Jewish Food Pantry during the Coronavirus Pandemic by donating money or donating food. Below are some suggestions for food items the pantry needs for the month of August:

Healthy Cereals (please avoid sugary cereals)
Kosher Non-Perishable Food
Canned Vegetables (corn, green beans, peas, carrots)
Canned Fruits
Canned Tuna Fish and Canned Chicken
Peanut Butter and Jelly
Canned Chili, Beef Stew and Protein-Rich Foods
Personal care items such as: Toothpaste, Shampoo and Feminine Protection

Currently, the need is great so please help in any way you can. Please bring items to the Food Pantry at 10601 Baur Blvd, Monday-Friday, 9:00 AM - 2:00 PM and follow the signs for food donations. Thank you.

For further information, please contact Louise Levine, 314 368 5902.

Thank you to Elaine, Gail, Nanci, Mimi, Rita, Beth and Lori for the beautiful kiddush you prepared for the Rededication Shabbat. The kiddush was amazing and the food was fantastic! I am so honored and grateful for all that you did. And, thank you, Stanley, for all of those wonderful CD's you made of the megillot and for your never ending support and encouragement. I am really grateful for the opportunity to read and learn and I appreciate you making that possible for me.

Thank you so much,
Dina Rinder

The Family of Gloria Golbart-Marks wants to THANK YOU ever so much for your heartfelt condolences and contributions to Traditional Congregation of Creve Coeur in her memory! As one of the founding members and first Sisterhood President, she was very proud of the growth and spiritual unity of the shul and its role in the community.

May G-D bless you and keep you Healthy!
L'Chaim!

Sweet & Spicy Roast Chicken

A chile-flecked, honey-imbued marinade spiked with fresh citrus juice gives this chicken its fiery, syrupy character. Dates and carrots give the sauce texture and additional sweetness while a garnish of fresh herbs and pistachio nuts lends freshness and crunch. It's dinner party food at its most flavorful and convenient; its honey marinade makes it a particularly wonderful main course for Rosh Hashana, the Jewish New Year. The ingredients can be assembled up to 24 hours in advance, then all you need to do is pop it in the oven just before your guests arrive, and garnish it at the last minute. Serve it with couscous, polenta, rice or another soft grain to soak up the sauce

Melissa Clark, https://cooking.nytimes.com/recipes/1016808-sweet-and-spicy-roast-chicken?action=click&module=Collection%20Band%20Recipe%20Card&region=Rosh%20Hashana%20Main%20Courses&pgType=supercollection&rank=2

Ingredients:

Serves 4-6

- 1 lemon, plus 3 tablespoons freshly squeezed lemon juice
- 2 ½ teaspoons kosher salt, more for pot
- 3 tablespoons freshly squeezed orange juice
- 4 tablespoons olive oil
- 1 ½ tablespoons whole grain mustard
- 3 tablespoons honey
- 1 bay leaf
- ½ to 1 teaspoon crushed red pepper flakes, to taste
- Black pepper, to taste
- 1 4-pound chicken, cut into 8 pieces
- 3 cups sliced carrots (1/4-inch thick)
- 1 onion, halved and thinly sliced
- ⅔ cup sliced dates1 tablespoon fresh thyme leaves
- ¼ cup chopped cilantro or parsley, for garnish
- 2 scallions, thinly sliced, for garnish
- ¼ cup chopped toasted pistachio nuts, for garnish

Directions:

Quarter the lemon lengthwise, removing any seeds. Thinly slice crosswise into small wedges and add to small pot of boiling, salted water. Blanch for 2 minutes and drain. Reserve slices.

In a saucepan, whisk together lemon juice, orange juice, oil, mustard, honey, salt, bay leaf, red pepper flakes and black pepper to taste. Bring to a boil and simmer for 5 minutes. Let cool.

Put chicken in a bowl and add honey mixture. Add carrots, onion, dates, thyme and blanched lemon slices. Turn mixture several times to coat. Let marinate for at least 30 minutes at room temperature, but preferably overnight in the refrigerator.

Heat oven to 425 degrees. Transfer all ingredients, including marinade, to a sheet pan with a rim. Chicken should be skin side up. Roast until chicken is browned and cooked through, about 20 to 30 minutes for breasts and 30 to 40 for legs and wings (remove the pieces as they are done cooking). When the chicken is done, give the carrot mixture in the pan a stir; if the pan looks dry add 2 to 3 tablespoons water. Continue roasting the carrots until they are tender, about 7 to 12 minutes longer.

Spoon carrots over chicken and top with cilantro, scallions and pistachio nuts.

Jewish Apple Cake from Bubba's Recipe Box

There are very few Jewish Apple Cake recipes on Allrecipes, so after writing a review for the best one I could find and adding my own tips, I found that 111 people used them. So here is my version of the best Jewish Apple Cake out there (it was handed down to me by my grandmother). I've been making this cake for 37 years now. It is a foolproof recipe and a sure crowd-pleaser.

By Janyce, https://www.allrecipes.com/recipe/179285/jewish-apple-cake-from-bubbas-recipe-box/

Ingredients:

- 1 teaspoon cinnamon, ground
- 2 ¾ cup sugar, divided
- 5 large apples (Rome Beauty or Granny Smith)
- 3 cups flour, all-purpose
- 1 teaspoon salt
- 1 tablespoon baking powder, double-acting

Serves 12

- 4 large eggs
- 1 cup vegetable oil
- 1/4 cup orange juice
- 1 tablespoon vanilla extract

Directions:

Preheat an oven to 350 degrees F (175 degrees C). Grease and flour a 10 inch tube pan.

Mix cinnamon, 3/4 cup of sugar, and apples in a bowl; set aside.

Combine flour, salt, and baking powder in a bowl.

Beat the eggs and 2 cups of sugar with an electric mixer until fluffy. Pour in the flour mixture alternately with the oil. Beat in the orange juice and vanilla until smooth and thoroughly mixed.

Pour half of the batter into the prepared pan. Layer half of the apples on top. Pour the remaining batter over, then finish by topping with the rest of the apples.

Bake in the preheated oven until a toothpick inserted into the center comes out clean, about 1 hour and 30 minutes to 1 hour and 45 minutes. Cool in the pans for 10 minutes before removing to cool completely on a wire rack.

Per Serving: 528 calories; 5.6 g protein; 83.1 g carbohydrates; 62 mg cholesterol; 340.7 mg sodium.

August 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Shabbat
					Candles 7:55	1 Martin Bell
2 Joshua Gordon	3 Mary/Sandy Pomerantz A-53rd	4	5 Rita/Mark Weinstein A-27th	6 Rabbi/Marian Gordon A-33rd Annette/Jack Heller A-48th	7 Candles 7:47	8 Alayna/Gary Lerner A-21st
9 Sharon Rosenblum	10 Paul Goldstein Beth/Gary Golden A-45th	11 Matthew Rosenbluth	12	13 Francine/Joel Schraier A-48th	14 Dikla/Steve Roufa A-51st Candles 7:39	15 Stuart Kaufman Annabelle/Ken Chapel A-66th
16 Michael Roth	17 Morty RInder	18 Rosemary Cooper	19 Caryn/Zumi Brody A-19th	20 Ceil Tobin	21 Elaine Farkas Candles 7:29	22
23 Joe Ingram 30 Ken Chapel	24 Zippy Kent Evelyn Witten Donna/Alan Rosenberg A-51st 31	25 Marcia/Mauricio Lisker A-30th	26 Brigette Rosenbluth Daria Rosenbluth Anat Reschke/ Brad Fink A-2nd	27	28 Marilyn Levison Noémi Neidorff Candles 7:19	29 Alayna Lerner Pamela Singer

We hope to have sponsored kiddushim at some point in the near future.
In the meantime, if you need a meal for a celebration, Shabbat dinner, or just because, contact these local caterers:

A & B Catering, Barbara Levin, 314-434-2810
Circle@Crown Cafe Catering, 314-991-2055, ext. 141
HJ's Cafe, 314-733-9812
Kohn's, 314-569-0727
Jon Rubin/613 Catering, 314-607-8440

September 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Shabbat
		1 Erika & Stan Greenberg A-52nd	2 Sarah Saltzman	3	4 Leo Holden Candles 7:09	5 Margie & Jeff Weisman A-16th
6	7 Zachary Farkas	8 Barbara Mirowitz	9	10	11 Candles 6:58	12 **Selichot**
13	14 Sheilah Gross	15 Susan & Benjamin Schwartz A-46th	16	17 Eliesheva Kent	18 **Erev Rosh HaShanah Candles 6:47**	19 **Rosh HaShanah** Candles 7:47
20 **Rosh HaShanah**	21 Fast of Gedaliah	22 Stuart Boxerman Ronald Green Margie Weisman	23 Sondra Dobinsky Paul Tesser	24	25 Ken Bohm Candles 6:36	26
27 **Erev Yom HaKippurim**	28 **Yom HaKippurim** Hayley Lerner	29 Eric Farkas	30			

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October 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Shabbat
				1	2 Ilya Holden Claire Lisker Warren Rich ***Erev Sukkot*** **Candles 6:25**	3 ***Sukkot*** Samuel Kent **Candles 7:25**
4 ***Sukkot*** Joyce Becker Lori Ingram	5	6 Allen Glinter	7	8	9 Evie Holden Kathy/Ron Green A-36th ***Hoshana Rabbah*** **Candles 6:13**	10 Rebecca Levin Mike Rosch ***Shemini Atzeret*** **Candles 7:13**
11 ***Simchat Torah***	12	13 Ora Kent	14 Francine Schraier Barbara/Sid Levin A-30th	15 Madison Rinder	16 Samantha Rose Bell Sandy Friedman Candles 6:03	17
18 Louise Saltzman	19	20 Marcia Lisker	21 BelleAnne Curry Stanley Estrin	22 Mel Saltzman	23 Candles 5:53	24
25	26 Evie Levison Karyn Lisker Phil Radman Gloria Ezekiel/Dan Kweskin A-45th	27 Mary Pomerantz Shirley Lieber/Norton Kronemer A-18th	28 Esther Zimand	29	30 Zeta Chervitz Candles 5:44	31 Zoe Tesser

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TRADITIONAL CONGREGATION
of Creve Coeur
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314-576-5230
www.traditional-congregation.org
Rabbi Seth D Gordon
Rabbi Ephraim Zimand z"l, Emeritus
Elaine Farkas, Acting President
Marian S. Gordon, Executive Director

RETURN SERVICE REQUESTED

		Candle lighting (18 minutes before sunset)	***Kabbalat Shabbat***	***Talmud* Class with Rabbi Gordon**	***Shabbat Minchah/Arvit* Services**	***Shabbat* ends (not before)**
August	1	7:55	6:30			8:55
	7/8	7:47	6:30			8:47
	14/15	7:39	6:30			8:39
	21/22	7:29	6:30	Cancelled until further notice	Cancelled until further notice	8:29
	28/29	7:19	6:30			8:19
September	4/5	7:09	6:30			8:09
	11/12	6:58	6:30			7:58
	18/19	6:47	6:30			7:47
	25/26	6:36	6:15			7:36
October	2/3	6:21	6:15			7:21
	9/10	6:11	5:45			7:11
	16/17	6:01	5:45			7:01
	23/24	5:50	5:45			6:50
	30/31	5:44	5:45			6:44

Temporary Schedule of Services

Check our website and mailings for resumption of full schedule as the situation allows

Shacharit:

7:00 AM Thursdays
9:30 AM *Shabbat*
8:30 AM Sundays

Weekday *Minchah/Arvit:*

6:30 PM Tuesdays

Weekday *Arvit* only:

6:30 PM Tuesdays beginning Oct 12